

Friday, September 25th 2009

7.00 Wake-up
7.30 Breakfast
8.00 Departure of the delegations to Athens
13.00 Check-in at Hotel
Lunch
after-noon Excursion to Marathonas, the cradle of the
marathon race
Swimming at Marathonas Beach
evening with Greek friends



Saturday, September 26th 2009

Guided Tour of the Greek capital
Lunch in town
after-noon Free time for shopping/swimming
(groups individually)
eve-ning **Award Ceremony** at Lyzeum Pierre de Coubertin
Pallini
Dinner and Farewell Party



Sunday, September 27th 2009

7.00 Wake-up
7.30 Breakfast
8.00 Departure of the delegations

Organisation

International Pierre de Coubertin Committee (CIPC)



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Patronage:

Tomas G. Sithole, IOC-Director of International
Relations

Supported by:

International Olympic Academy
Town Council of Pallini
Lyzeum Pierre de Coubertin Pallini (Athens)
3rd Lyceum of Pyrgos

Forum Address:

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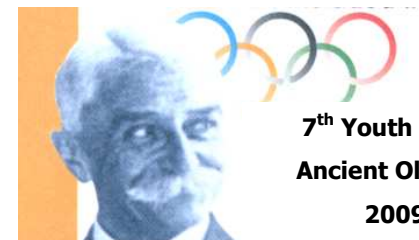


Comité International Pierre de Coubertin
International Pierre de Coubertin Committee
(CIPC)

7th International Pierre de Coubertin

Youth Forum

Youths and the Olympics



PROGRAMME

September 19th-27th 2009

Ancient Olympia, Greece

Saturday, September 19th 2009

- Arrival of the groups in Athens
- Direct transfer from the Airport to Ancient Olympia
- Short stop at the Canal of Corinth
- 20.00 Dinner
- 21.00 **Get together** – first meeting of the groups
- 21.30 First teachers' meeting
- 23.00 Lights out

Sunday, September 20th 2009

- 7.00 Wake up
- 7.15 Morning Gymnastics/Jogging
- 8.00 Breakfast
- 9.00 Lecture on the Ancient Olympic Games by archaeologist Dr. C. Wacker
- 10.00 Walk to the Ancient Sites
- 10.30 Visit of the Altis and the Museum of the History of the Olympic Games in Antiquity



- 13.30 Lunch
- 15.00 Creation of the Forum Banner
- Rehearsals of school presentations
- 16.30 Opening Ceremony in front of the Coubertin Stele on the premises of the IOA**
 - Welcome by the President of CIPC
 - Welcome by the Dean of the IOA
 - Presentation of the participants, accompanying teachers and volunteers
 - Welcome by the headmaster of the Pierre de Coubertin School Pyrgos, representatives of the province of Elis and the Town of Olympia
 - The Meaning of the Pierre de Coubertin Award
- 20.00 Reception by the Mayor of Olympia**
- 23.00 lights out

Monday, September 21st 2009

- 7.00 Wake-up
- 7.15 Morning gymnastics/Jogging
- 7.30 Group leaders' meeting
- 8.00 Breakfast
- 9.00 Lecture "*Pierre de Coubertin, his family, his roots, his work*"
- 10.30 **1st Discipline of the Coubertin Award:**
"Group Discussion"
Topic 1: "Citius, Altius, Fortius" – the pursuit of excellence
- 12.00 Outdoor Sports (Ancient Olympic sports, badminton, table tennis, football, basketball) /Creation of the Forum Banner
- 13.00 Lunch
- 14.00 Visit of the Modern Olympic Games Museum in groups
- 18.00 **2nd Discipline of the Coubertin Award:**
"Knowledge Test"
- 19.00 Dinner
- 20.00 **Presentation of the groups** (5 minutes each)
- 22.00 Greek dances
- 23.00 Lights out

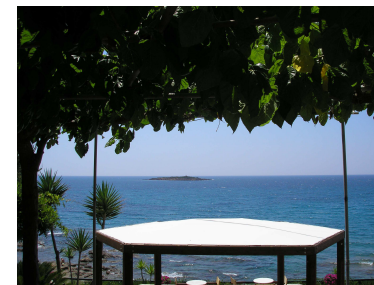
Tuesday, September 22nd 2009

- 7.00 Wake-up
- 7.30 Group leaders' meeting
- 8.00 Breakfast
- 9.00 **3rd Discipline of the Coubertin Award:**
"Sports Competitions"
(Track and Field Triathlon, Swimming and Cross Country Race)
- 13.30 Lunch
- 15.00 Free time activities (table tennis, games, dancing, aquarobic etc.)/ Time for individual rehearsal of the presentations for the Arts Competition
- 17.00 "Group Discussion"
Topic 2: Friendship and Solidarity
- 19.00 Dinner
- 20.00 International dances
- 23.00 Lights out

Wednesday, September 23rd 2009

- 7.00 Wake-up
- 7.15 Morning gymnastics/ jogging
- 7.30 Group leaders' meeting
- 8.00 Breakfast

- 9.00 **4th Discipline of the Coubertin Award:**
"Art Competitions" (7 minutes each)
- 13.00 Lunch
- 14.00 Departure to Kató Samikó Beach (part of the Coubertin Award)
"Group Discussion"
Topic 3: Fairplay
Practising several games on the beach
Swimming in the Sea
- 18.00 Departure back to Olympia
- 19.00 Dinner
- 20.00 Free time activities (table tennis, games, dancing)
- 20.00 Workshop for all teachers: Olympic Education
- 23.00 Lights out



Thursday, September 24th 2009

- 7.00 Wake-up
- 7.15 Morning gymnastics/ Jogging
- 7.30 Group leaders' meeting
- 8.00 Breakfast
- 9.00 Basketball Tournament
- Teachers' Tournament
- 10.30 Free time activities (ancient Olympic sports, badminton, table tennis, aquarobic, dancing)
- 13.00 Lunch
- 14.00 Preparation for the Closing Ceremony/ Sports activities
- 15.00 Teachers' meeting
- 16.30 **Closing Ceremony with presentation of PdC Award**
 - Some presentations of the Arts Contest
 - Results of the Group discussions
- 19.00 Dinner
- 20.00 Disco Party
- 23.00 Lights out